

Policies & Procedures



Physical Education and Sport

Introduction

Health and physical fitness are considered important parts of each child's development. A key focus of the Physical Education curriculum is mastery of fundamental motor skills that will then enable students to develop skills in most sports and activities. PE lessons will also develop the 'whole' individual, especially in areas such as teamwork, communication and leadership. As students become older they will be given a greater responsibility for their own learning and that of others. In all years, students will be educated in how to make healthy lifestyle choices and become aware of opportunities to become physically active in our local community.

Extra Curricular Sport

The School offers a wide variety of extra-curricular sporting opportunities. Details of these will be provided at appropriate times of the year.

Our students are also involved in a range of SAPSASA competitions including Soccer, Swimming, Cross-Country and Athletics.

Water Safety classes for Reception-Year 5 are held annually. Year 6 students take part in aquatics activities.

We have a Sports Policy which can be accessed at the School's website.