



## **Delicious Hot Food**

Donorodo moci oca	
Healthy Wholemeal Toasties:	
Egg	\$ 4.50
Cheese	\$ 4.50
Cheese & Tomato	\$ 5.20
Ham & Cheese	\$ 5.20
Ham, Cheese & Tomato	\$ 5.50
Baked Potatoes:	
Plain	\$ 3.50
Butter	\$ 3.70
Cheese & Butter	\$ 4.20
Ham & Cheese	\$ 5.00
Hot Food Selections:	
Pizza Singles: Bacon & Cheese or Ham, Pineapple & Cheese	\$ 5.00
Pie: Lean Meat with low fat pastry	\$ 4.50
Pasty: Meat or Vegetable	\$ 4.50
Sausage Roll	\$ 3 .50
Sauce Sachet	\$ 0.20
Quiche: Bacon & Cheese	\$ 5.00
Corn on the Cob - Qty 2	\$ 4.00
Chicken Dodstar - Qty 2	\$ 6.00
Noddles in a Cup: Chicken or Beef	\$ 4.00
Hot Bakes: Spaghetti, Macaroni, Lasagne	\$ 6.00
Butter Chicken with Rice	\$ 6.00
Ice Blocks	
Frosty Fruits	\$ 2.50
Milo Ice-Cream Cups	\$ 3.50
Vanilla Ice-Cream Slice	\$ 2.00
Berri Fruit Quelches (99% Fruit Juice)	\$ 1.00
Slushy (99% Fruit Juice)	\$ 2.50
Frozen 100% OJ or AJ Cup Unsweetened 100ml	\$ 1.50
Life Savers	\$ 2.50
Lemonade Icy Pole	\$ 2.00
Billabong (Rainbow or Chocolate)	\$ 2.50
Twisted Frozen Yoghurt	\$ 3.50

Super Specials	
Sushi – Monday & Tuesday	
Chicken or Teriyaki, Tuna Salad, Vegetarian	\$4.00 p/roll
Hot Dogs – Wednesdays	
Hot Dog with Tomato or BBQ Sauce	\$4.50
Hot Dog with <b>Cheese</b> and Sauce	\$5.00
Croissants - Thursdays	

\$6.00

Croissant with Ham and Cheese

Juices (Lemonade, Orange, Tropical & W'berry) \$ 2.50

## **Wholesome Cold Food**

AAIIOIGSOIIIG		u
Salad Pack		\$ 7.00
Salad only (Lettuce (I) Tor Cucumber (cu), Gherkin (		
French Dressing/Mayonna	0 //	
included) Served in a tub with fork 8	serviette	
With Ham, Chicken or Tur	na	\$ 8.50
Wholemeal Sandwich	ies	
Bread & Butter only		\$ 3.00
Vegemite		\$ 3.50
Egg		\$ 4.50
Cheese		\$ 4.50
Ham or Chicken or Tuna		\$ 4.50
Ham & Cheese		\$ 5.00
All Salad Extras (each)		\$ 0.50 each
(g, ca, t, cu, l, Cheese, Ma	ayo and Egg)	
Baguettes & Wraps		
With butter:	Half	\$ 3.50
	Whole	\$ 4.50
Ham or Chicken or Tuna:	Half	\$ 5.00
	Whole	\$ 7.00
All Salad Extras (each)		\$ 0.50
Toasted		\$ 0.50
Snacks & C	akes	
Healthy Snacks		
Fresh Fruit		\$ 2.00
Valia Strawberry Pouch		\$ 2.50

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Fresh Fruit	\$ 2.00
Valia Strawberry Pouch	\$ 2.50
Jelly Cups (Counter Sales Only)	\$ 2.00
Popcorn	\$ 2.00
Mamee Noodles: Chicken or BBQ	\$ 1.50
Fruit Nuggets	\$ 1.00
Yoghurt with Berries	\$ 3.50
Treats	
Red Rock Chips: Sea Salt or Honey Soy	\$ 2.50
Chocolate Muffin: 99% Fat Free	\$ 3.00
Chocolate Chip Cookie	\$ 2.00
Mini Oreos	\$ 1.00
Ovaltines	\$ 1.00

## **Drinks**

Spring Water 600ml	\$ 2.50
Apple or Apple & Blackcurrant Juice 450ml	\$ 3.00
Fresh Unsweetened Orange Juice 450ml	\$ 3.00
Plain Milk	\$ 2.50
Flavoured Milk Chocolate or Strawberry 300ml	\$ 3.00
Milky Max Pop Top – Choc or Strawberry	\$ 3.00



