

# CANTEEN MENU R-7

## How to Order

Place orders via Qkr! before 8:30am or complete a lunch bag with cash payment and place the bag in the canteen box in your child's classroom.



## Delicious Hot Food

### Healthy Wholemeal Toasties:

Egg	\$ 4.50
Cheese	\$ 4.50
Cheese & Tomato	\$ 5.50
Ham & Cheese	\$ 5.50
Ham, Cheese & Tomato	\$ 6.00

### Baked Potatoes:

Plain	\$ 4.00
Butter	\$ 4.30
Cheese & Butter	\$ 4.80
Ham & Cheese	\$ 5.30

### Hot Food Selections:

Pizza Singles: Bacon & Cheese or Ham, Pineapple & Cheese	\$ 5.00
Pie: Lean Meat with low fat pastry	\$ 4.50
Pasty: Meat or Vegetable	\$ 4.50
Sausage Roll	\$ 4.00
Sauce Sachet	\$ 0.20
Quiche: Bacon & Cheese	\$ 5.00
Corn on the Cob - Qty 2	\$ 4.00
Chicken Dodstar - Qty 2	\$ 6.50
Noddles in a Cup: Chicken or Beef	\$ 4.50
Hot Bakes: Spaghetti, Macaroni, Lasagne	\$ 6.50
Butter Chicken with Rice	\$ 7.00
Gluten Free Pasta Bake	\$ 7.00

## Ice Blocks

Frosty Fruits	\$ 2.50
Milo Ice-Cream Cups	\$ 4.00
Vanilla Ice-Cream Slice	\$ 2.00
Berri Fruit Quelches (99% Fruit Juice)	\$ 1.00
Slushy (99% Fruit Juice)	\$ 2.50
Frozen 100% OJ or AJ Cup Unsweetened 100ml	\$ 1.50
Life Savers	\$ 2.50
Lemonade Icy Pole	\$ 2.50
Billabong (Rainbow or Chocolate)	\$ 2.50
Twisted Frozen Yoghurt	\$ 4.00
Juices (Lemonade, Orange, Tropical & W'berry)	\$ 2.50

## Super Specials

### Sushi – Monday & Tuesday

Chicken or Teriyaki, Tuna Salad, Vegetarian	\$4.50 p/roll
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### Hot Dogs – Wednesdays

Hot Dog with Tomato or BBQ Sauce	\$5.00
Hot Dog with <b>Cheese</b> and Sauce	\$5.30

### Croissants - Thursdays

Croissant with Ham and Cheese	\$6.50
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## Wholesome Cold Food

### Salad Pack

\$ 7.00

Salad only (Lettuce (l) Tomato (t), Carrot (ca), Cucumber (cu), Gherkin (gh))  
French Dressing/Mayonnaise (sachet included)

Served in a tub with fork & serviette

With Ham, Chicken or Tuna

\$ 9.00

### Wholemeal Sandwiches

Bread & Butter only

\$ 3.00

Vegemite

\$ 3.50

Egg

\$ 4.50

Cheese

\$ 4.50

Ham or Chicken or Tuna

\$ 4.50

Ham & Cheese

\$ 5.00

All Salad Extras (each)

\$ 0.50 each

(g, ca, t, cu, l, Cheese, Mayo and Egg)

### Baguettes & Wraps

With butter:

Half

\$ 4.00

Whole

\$ 5.50

Ham or Chicken or Tuna:

Half

\$ 5.50

Or falafel

Whole

\$ 7.50

All Salad Extras (each)

\$ 0.50

Toasted

\$ 0.50

## Snacks & Cakes

### Healthy Snacks

Fresh Fruit

\$ 2.00

Valia Strawberry Pouch

\$ 2.50

Jelly Cups (Counter Sales Only)

\$ 2.00

Namee Noodles: Chicken or BBQ

\$ 1.50

Sunfruits

\$ 1.50

Yoghurt with Berries

\$ 3.50

### Treats

Red Rock Chips: Sea Salt or Honey Soy

\$ 2.50

Chocolate Muffin: 99% Fat Free

\$ 3.00

Chocolate Chip Cookie

\$ 2.00

Mini Oreos

\$ 1.00

Ovaltines

\$ 1.00

## Drinks

Spring Water 600ml

\$ 2.50

Apple or Apple & Blackcurrant Juice 450ml

\$ 3.50

Fresh Unsweetened Orange Juice 450ml

\$ 3.50

Plain Milk

\$ 2.50

Flavoured Milk Chocolate or Strawberry 300ml

\$ 3.50

Milky Max Pop Top – Choc or Strawberry

\$ 3.50



St Peter's  
Woodlands

